

SELF-ASSESSMENT INDEX

NAME: Ms. Example Report
AGE : 39 SEX: Female
ETHNICITY/RACE: Caucasian
EDUCATION/HIGHEST GRADE: 11
MARITAL STATUS: Married
DATE SCORED: 12/11/2012

CONFIDENTIAL REPORT

Self-Assessment Index results are confidential and are working hypotheses. No diagnosis or decision should be based solely upon these results. These test results are to be used in conjunction with experienced staff judgment and review of available records.

MEASURES	%ile	SELF-ASSESSMENT INDEX PROFILE			
-----	----	+	+	+	+
		LOW RISK	MEDIUM	PROBLEM	MAX
		-	-	-	-
TRUTHFULNESS	39	*****
ALCOHOL	88	*****
DRUGS	44	*****
WORK INDEX	79	*****
STRESS COPING	45	*****
		+	+	+	+
		0	40	70	90 100
		----- PERCENTILE SCORES -----			

Present probability of program completion
and obtaining or keeping a job: Below-average

SUMMARY

These SAI results are accurate and valid. A drinking problem is apparent. A drug abuse disorder is not present. Work-related attitude, motivation and people problems are becoming apparent. Average stress coping abilities are established.

Elevated SAI scale scores (at or above the 70th percentile) define difficulties, uncertainties and problem prone behaviors. These problems need to be worked through and resolved. The goal continues to be successful vocational rehabilitation and sustain employment. This is a below-average SAI report. This client needs an individualized program and help.

SELF-ASSESSMENT INDEX RESPONSES

1- 50 FTFTFTFTFT FTFTFTFTFT FTFTFTFTFT FTFTFTFTFT FTFTFTFTFT
51-103 FTFTFTFTFT T323321221 2132232131 3222232231 3333233442 444

* * SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES * *

TRUTHFULNESS SCALE: LOW RISK RANGE RISK PERCENTILE:39
 This welfare recipient's Truthfulness Scale score is in the low risk (zero to 39th percentile) range. Low risk scorers are usually honest and cooperative. They are sincere, usually truthful and straightforward. In this evaluation milieu or setting some guardedness can be expected, yet it is minimal in nature. It is reasonable to assume that this welfare recipient has been telling the truth. This person manifests little guile and communicates straightforwardly. Other scale scores are accurate.

ALCOHOL SCALE: PROBLEM RISK RANGE RISK PERCENTILE:88
 This person's Alcohol Scale score is in the problem risk (70 to 90th percentile) range. Alcohol problems are evident. Either this client's drinking is out of control or this person is a "recovering" (alcohol problem, but has stopped drinking) alcoholic. Relapse risk is high. It is likely that drinking has a negative effect on this person's work situation, vocational rehabilitation and vocational goals. It may be necessary to resolve a drinking problem to achieve vocational stability. Options include chemical dependency treatment, outpatient counseling or intensive outpatient counseling (individual or group). Treatment could be augmented by attending Alcoholics Anonymous (AA) meetings.

DRUGS SCALE: MEDIUM RISK RANGE RISK PERCENTILE:44
 Some indicators of drug (marijuana, crack, cocaine, amphetamines, barbiturates, LSD, or heroin) use are present, yet an established pattern of abuse is not evident. Although drug abuse is not a focal issue, consideration might be given to a chemical dependency (drug oriented) educational program, which could head off more extensive drug involvement. Any drug-related court history (e.g., arrest for possession or sale) would automatically upgrade intervention and/or treatment recommendations. Early intervention could be advantageous to this person's vocational or employment future.

WORK INDEX SCALE: PROBLEM RISK RANGE RISK PERCENTILE:79
 This client's Work Index Scale score is in the problem risk (70 to 90th percentile) range. Many problem risk scorers live in difficult circumstances. Money, or the lack of it, can be a constant concern. Some family members may resist lifestyle change. This welfare recipient is attempting a very difficult thing, i.e., to change their lifestyle. Group therapy (or discussion groups) can provide emotional support for sustained attitude change. Individualized attention, recognition of achievements and help in clarifying realistic and attainable vocational goals can also contribute to program success. This person has some problems to overcome.

STRESS COPING SCALE: MEDIUM RISK RANGE RISK PERCENTILE:45
 Average stress coping abilities are evident. This welfare recipient's Stress Coping Abilities Scale score is in the medium risk (40 to 69th

percentile) range. This individual's ability to cope with stress and pressure is not a focal area of concern. This person handles stress, tension, anxiety and pressure adequately. Although usually capable of handling stress, situation specific events (e.g., death in family, lose job, etc.) sometimes occur and they can be temporarily overwhelming. Yet, this client typically handles stress in an acceptable manner.

SECTION 2: SIGNIFICANT ITEMS: These answers are the welfare recipient's self-reported responses. They represent direct admissions or unusual answers, which may help in understanding the individual's situation.

ALCOHOL

DRUGS

- 2. Sometimes drinks too much
- 20. Drinking has been a problem
- 35. A different person when drinks

- 4. Many friends use drugs

WORK INDEX

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- 11. Not happy with life
- 24. Friends/relatives unemployed
- 32. States doesn't keep jobs long
- 41. No encouragement to improve
- 50. Couldn't earn enough money
- 60. Responsibilities make it hard

- 72. Rarely motivated
- 73. Very often sensitive
- 78. Rarely exciting/stimulating
- 88. Rarely satisfied with work
- 100. Serious relationship problems

SECTION 3: The welfare recipient's answers to multiple choice items are printed below. It should be noted that these answers represent the respondent's opinion--with all of its biases. These multiple choice answers allow comparison of the client's subjective opinions with objective and empirically based scale scores.

- 97. States drinking a little prob.
- 98. States not a substance abuser
- 99. States drug use not a problem
- 100. Serious marital/relat. prob.
- 101. States not suicidal/homicidal
- 102. Not in any drug treatment prog
- 103. No alcohol treatment programs

ADDITIONAL INFORMATION PROVIDED BY CLIENT

Alcohol-related arrests.....	1	Drug-related arrests.....	0
Alcohol treatment programs...	0	Drug treatment programs.....	0

OBSERVATIONS/RECOMMENDATIONS: _____

STAFF MEMBER SIGNATURE

DATE

(SAI TEST # 1)