

SELF-AUDIT

NAME : Example Report
ID# : 000-00-0000
AGE : 34 SEX: Male
ETHNICITY/RACE: Caucasian
EDUCATION : 12
MARITAL STATUS: Married
DATE OF BIRTH : 01/01/1973
DATE SCORED : 07/11/2010

CONFIDENTIAL REPORT

Self-Audit results are confidential and are working hypotheses. No diagnosis or decision should be based solely upon these results. These test results are to be used in conjunction with experienced staff judgment and review of available records.

MEASURES	%ile	SA PROFILE		
-----	----	+-----+-----+-----+-----+		
		- LOW RISK - MEDIUM -PROBLEM-MAX-		
		- - - - -		
TRUTHFULNESS	39	*****.....-.....-.....-.....-		
RESISTANCE	13	*****.....-.....-.....-.....-		
VIOLENCE	75	*****.....-.....-.....-.....-		
ALCOHOL	28	*****.....-.....-.....-.....-		
DRUGS	18	*****.....-.....-.....-.....-		
		+-----+-----+-----+-----+		
		0 40 70 90 100		
		----- PERCENTILE SCORES -----		

SUMMARY

These Self-Audit (SA) results are accurate and valid. He is not resistant or noncompliant and should be cooperative. This client is described as peaceful and easy going. Few, if any, indicators of alcohol abuse are evident. Few, if any, indicators of illicit drug use are evident.

A Self-Audit scale score at or above the 90th percentile is indicative of serious problems. Review the following scales carefully: VIOLENCE, SELF-ESTEEM scales. This individual manifests many serious problems and needs help. A referral to a licensed mental health practitioner for a psychological or psychiatric evaluation, diagnosis and treatment plan appears warranted. Prompt referral or intervention is needed.

The Distress, Morale, Self-Esteem and Stress Coping Abilities Scales are printed on the next page.

MEASURES	%ile	SA PROFILE		
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		- LOW RISK	- MEDIUM	-PROBLEM-MAX-
		-	-	-
DISTRESS	68	*****
MORALE	58	*****
SELF-ESTEEM	96	*****
STRESS COPING	87	*****
		+-----+-----+-----+-----+		
		0	40	70 90 100
		----- PERCENTILE SCORES -----		

SUMMARY

This individual is concerned about physical or mental pain. Although generally self-confident, some doubts exist. Very serious self-esteem problems are evident (suicidal?). This person is not coping effectively with stress or pressure.

* * SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES * *

TRUTHFULNESS SCALE: LOW RISK RANGE RISK PERCENTILE:39
This is an accurate Self-Audit profile. All scale score are accurate. This individual responded to test items in a non-defensive, cooperative and truthful manner. This client was truthful while completing the test and has adequate reading skills. The Truthfulness Scale identifies self-protective, recalcitrant and guarded people who attempt to minimize their problems or fake good. This is a low risk (zero to 39th percentile) range score.

RESISTANCE SCALE: LOW RISK RANGE RISK PERCENTILE:13
With regards to the Resistance Scale this is a low risk score. This individual is usually nonresistant or cooperative. A positive orientation to accepting help, assistance and guidance is indicated. Low risk individuals are described as friendly, accepting and cooperative. Under "normal" conditions this client can be expected to be cooperative.

VIOLENCE SCALE: PROBLEM RISK RANGE RISK PERCENTILE:75
Violent tendencies are evident. This person's score on the Violence Scale is in the Problem Risk (70 to 89th percentile) range. Problem risk scorers commit varying degrees of verbal, emotional and physical abuse. They need to learn alternatives to anger and violence. Anger management classes or group counseling could help. Also, other Self-Audit scale scores could exacerbate violence when they are elevated (above the 70th percentile).

ALCOHOL SCALE: LOW RISK RANGE RISK PERCENTILE:28
Few, if any, indicators of alcohol (beer, wine or liquor) abuse are evident. Alcohol use, if present, may be historical or represent minimal involvement. On the Alcohol Scale this client scored in the Low Risk (zero to 39th percentile) range. A person who does not presently

drink may score higher than zero due to prior history, but still would score in the Low Risk range.

DRUGS SCALE: LOW RISK RANGE

RISK PERCENTILE:18

Few, if any significant indicators of illicit drug use or abuse are evident. Drug involvement may be historical, experimental or minimal. A person who does not use drugs may score above zero due to his/her drug history, but would still score in the low risk range. Drug abuse risk is low. With regard to the Drugs Scale, this is a low risk score.

DISTRESS SCALE: MEDIUM RISK RANGE

RISK PERCENTILE:68

This individual's Distress Scale score is in the Medium Risk (40-69th percentile) range. Medium risk scorers reflect growing unhappiness, anxiety and discouragement. This client's family and interpersonal relationships are likely contributing to their experienced distress. If talking to this person about their experiential distress does not help, then consideration might be given to group counseling.

MORALE SCALE: MEDIUM RISK RANGE

RISK PERCENTILE:58

This client's Morale Scale score is in the Medium Risk (40-69th percentile) range. Although generally stable, situation specific mood swings can be anticipated. During these mood swings, this client will be more pessimistic and manifest a negativistic attitude. Interpersonal relationships will also suffer.

SELF-ESTEEM SCALE: MAXIMUM RISK RANGE

RISK PERCENTILE:96

There are unusual qualities to this client's rejection and disapproval of self which may involve serious emotional problems. This score may indicate confusion, guilt, suicidal ideation, or an attempt to portray self negatively (fake bad). Referral to a certified/licensed mental health professional for a diagnosis of treatment plan is warranted.

STRESS COPING SCALE: PROBLEM RISK RANGE

RISK PERCENTILE:87

This is a Problem Risk (70 to 89th percentile) Stress Coping Abilities Scale score. This client is not coping effectively with stress, tension, anxiety or pressure. Stress, or how this person is coping with stress, is problematic and this contributes to emotional and adjustment issues. This client would benefit from completing a stress management program which would likely involve lifestyle adjustments.

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SIGNIFICANT ITEMS are either direct admissions or unusual responses that may warrant clarification for better client understanding.

ALCOHOL

10. Sometimes drinks too much

DRUGS

No significant items were reported for this scale.

SIGNIFICANT ITEMS (continued):

DISTRESS

20. States nobody to talk to
69. Often feels nothing matters

VIOLENCE

6. At times can't control self
13. Usually tries to get even
29. When angered--dangerous
38. Often angry or upset
91. Most people are irritating

RESISTANCE

No significant items were reported
for this scale.

MORALE

51. Lacks desire to overcome
69. Often feels nothing matters

SECTION 3 reflects the client's opinions with all their biases. These answers allow comparison of the client's subjective opinions with their more objective and empirically based scale scores.

147. Serious relationship problems	154. Accept help: some willingness
148. Not a "recovering" person	155. Moderate morale problem
149. Not a 12-step person	156. Moderate self-esteem problem
150. Drinking: no problem	157. Not suicidal or homicidal
151. No alcohol treatment programs	158. Moderate stress problems
152. Drugs: no problem	159. Not in a treatment program
153. No drug treatment programs	160. Family and friends supportive

RESPONSE CONSISTENCY/INCONSISTENCY

The Truthfulness Scale score shows whether or not Self-Audit scale scores are accurate or inaccurate. Each Truth-Corrected scale score then demonstrates the severity of the attitudes/behaviors being measured. Yet, even with these important measures its sometimes informative to review pattern of responding within a scale or measure. However, it is important to understand that reported inconsistencies does not weaken or change a scales reported risk level score.

Several scale consistency reviews follow.

ALCOHOL

Alcohol Scale items refer to current drinking problems. Response consistency would involve three admissions or denials. This client did not admit to items #75, 81 or 150. Two Alcohol Scale items (#54 and 148) relate to 'recovering' alcoholism. Agreement between these answers is expected. This client, denies being a "recovering" person. A similar theme , i.e., alcohol treatment, is present in items #87 and 151. The respondent denies having had alcohol-related treatment.

DRUGS

Drugs Scale items (#49, 90 and 152) refer to current drug problems. Response consistency would involve three admissions or denials. This client admitted to none of these items. Two items (#57 and 148) apply to "recovering" drug abuser. Agreement between these answers is expected. This client denies being a "recovering" person. Items #77

and 153 both pertain to drug treatment. This individual denies having had drug-related treatment.

DISTRESS SCALE

Distress Scale Items #27 and #159 refer to treatment and similar answers are expected. This client denies having been in treatment. The Distress Scale incorporates a suicide/homicide (#157) item and several related items. (e.g., 69, 76, 88, 97, 107 and 112). Of these similar items, this individual answered the following items in a problematic (deviant) manner: #69, 88, 112. These answers magnify this client's growing desperation.

RESISTANCE

Several items in the Resistance Scale reflect opposition (resistance) to help. These items include #25, 32, 41, 53, 59, 67, 74, and 89. The client's responses to these items are set forth in the "Self-Audit Responses" summary at the end of the report. A more generalized "resistant attitude" or "oppositional outlook" is reflected in the client's answers to items #44, 79, 104, 106, and 124(1 or 2). This individual answered items 53, 124 in a negativistic or noncompliant manner.

VIOLENCE

With regard to the Violence Scale the client's answer to item 157 (suicidal / homicidal) is important when assessing a persons dangerousness to self and/or others. When a person responds to item 157 by selecting 1 (suicidal), 2 (homicidal) or 3 (suicidal/homicidal) it's interesting to note how he answered similar or compatible items, i.e., #29, 50, 70, and 105. This client answered items 29 in a negativistic or deviant direction.

SELF-AUDIT RESPONSES

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1- 50  FTTTFTFTTT TTTFFFFTTT FTFTFFFFTF FTTTFFFTFF FTTF1231232
51-100 FTT0TFFFTF TTTTFTFTTF TTTTFFFFFT FFFTTTFTFF TTF1231232
101-150 2313212212 3123231224 2342343343 2412332333 2213212444
151-160 4442224243

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